

General Assembly

Substitute Bill No. 1051

January Session, 2011

_____SB01051PH____040111_____

AN ACT CONCERNING THE PRACTICE OF ATHLETIC TRAINING.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1 Section 1. Section 20-65f of the general statutes is repealed and the
- 2 following is substituted in lieu thereof (*Effective October 1, 2011*):
- 3 As used in this chapter:
- 4 (1) "Athletic training" means (A) the application or provision, with
 - the consent and under the direction of a health care provider, of [(A)
- 6 principles, methods and procedures of evaluation, prevention,
- 7 treatment and rehabilitation of athletic injuries sustained by athletes]
- 8 (i) risk management and injury prevention services, (ii) clinical
- 9 evaluation and assessment services, (iii) treatment services, and (iv)
- 10 rehabilitation and intervention services for emergency, acute and
- 11 chronic athletic injuries, (B) the application or provision of (i)
- 12 appropriate preventative and supportive devices, temporary splinting,
- 13 [and] bracing and casting, (ii) physical modalities of heat, cold, light,
- 14 <u>electric stimulation</u>, massage, [water, electric stimulation, sound,]
- 15 <u>aquatic therapy, sound, therapeutic</u> exercise, and [exercise equipment,]
- 16 (iii) other modalities as prescribed by a health care provider, (C) the
- organization and administration of athletic training programs, [and]
- 18 (D) education and counseling to athletes, coaches, medical personnel
- 19 and [athletic communities] the community in the area of the
- 20 prevention and care of athletic injuries, and (E) wellness care services

- 21 that are developed and applied in the treatment of asymptomatic
- 22 <u>clients</u>. [For purposes of this subdivision, "health]
- 23 (2) "Health care provider" means a person licensed to practice
- 24 medicine or surgery under chapter 370, chiropractic under chapter 372,
- 25 podiatry under chapter 375 or natureopathy under chapter 373;
- 26 [(2)] (3) "Athletic injury" means any [injury] clinical condition
- 27 sustained [by an athlete as a result of such athlete's participation in
- 28 exercises, sports, games or recreation] as a result of an individual's
- 29 <u>participation in activities</u> requiring strength, agility, flexibility, range of
- 30 motion, speed or stamina, or any comparable [injury] clinical condition
- 31 that prevents such [athlete] <u>individual</u> from participating in [any] such
- 32 activities, or a clinical condition for which athletic training services are
- 33 an appropriate course of treatment as determined by a health care
- 34 provider;
- 35 [(3) "Athlete" means any person who is a member of any
- 36 professional, amateur, school or other sports team, or is a regular
- 37 participant in sports or recreational activities, including, but not
- 38 limited to, training and practice activities, that require strength, agility,
- 39 flexibility, range of motion, speed or stamina. For purposes of this
- 40 subdivision, "regular" means not less than three times per week;]
- 41 (4) "Wellness care" means services related to injury prevention,
- 42 conditioning, strength training and fitness;
- 43 [(4) "Standing orders" means written protocols, recommendations
- 44 and guidelines for treatment and care, furnished and signed by a
- 45 health care provider specified under subdivision (1) of this section, to
- be followed in the practice of athletic training that may include, but
- 47 not be limited to, (A) appropriate treatments for specific athletic
- 48 injuries, (B) athletic injuries or other conditions requiring immediate
- 49 referral to a licensed health care provider, and (C) appropriate
- 50 conditions for the immediate referral to a licensed health care provider
- of injured athletes of a specified age or age group;

- (5) "With the consent and under the direction of a health care provider" means the issuance of written standing orders that (A) provide protocols, recommendations or guidelines for the treatment and care of individuals participating in professional, amateur or school sports or recreational activities, (B) are furnished by a health care provider, and (C) are followed in the practice of athletic training while under the oversight of a health care provider;
- "Written standing orders" means written protocols, recommendations or guidelines for the treatment and care of individuals that (A) are furnished by a health care provider, (B) are followed by an athletic trainer while under the oversight of such health care provider, (C) are periodically reviewed by the health care provider and the athletic trainer, and (D) may be renewed annually. Written standing orders include, but are not limited to, appropriate treatments for (i) specific injuries, (ii) injuries or other medical conditions requiring immediate referral to a health care provider, (iii) conditions necessitating the immediate referral to a health care provider of individuals of a certain specified age or age group, and (iv) treatment and management of traumatic brain injuries;
 - (7) "Oversight" includes, but is not limited to, (A) continuous availability of direct communication either in person or by radio, telephone or other mode of telecommunication between a health care provider and an athletic trainer, (B) a health care provider's active and regular review of the athletic trainer's activities to ensure that such provider's directions are being implemented and to support the athletic trainer in the performance of his or her services, (C) a health care provider's personal review of the athletic trainer's services on a regular basis in order to ensure quality patient care, (D) delineation by a health care provider of a predetermined plan for emergency situations, and (E) designation of an alternate health care provider to provide oversight to the athletic trainer in the place of a supervising health care provider; and
 - [(5)] (8) "Commissioner" means the Commissioner of Public Health.

- Sec. 2. Section 20-65h of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2011*):
 - (a) Each person who practices athletic training [under standing orders] with the consent and under the direction of a health care provider shall make a written or oral referral to a [licensed] health care provider of any [athlete] individual who has an athletic injury whose symptoms have not improved for a period of four days from the day of onset, or who has any physical or medical condition that would constitute a medical contraindication for athletic training or that may require evaluation or treatment beyond the scope of athletic training. [The injuries or conditions requiring a referral under this subsection shall include, but not be limited to, suspected medical emergencies or illnesses, physical or mental illness and significant tissue or neurological pathologies.]
 - (b) Each person who practices athletic training, but [not under standing orders] who does so without the specific consent and direction of a health care provider, may perform an initial evaluation and temporary splinting and bracing of any [athlete] individual with an athletic injury and shall, without delay, make a written or oral referral of such [athlete] individual to a [licensed] health care provider. The limitations on the practice of athletic training set forth in this subsection shall not apply in the case of any [athlete] individual that is referred to such person by a [licensed] health care provider, provided such practice shall be limited to the scope of such referral.
 - Sec. 3. Section 20-65i of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2011*):
 - A license to practice athletic training shall not be required of: (1) A practitioner who is licensed or certified by a state agency and is performing services within the scope of practice for which such person is licensed or certified; (2) a student [intern or trainee] pursuing a course of study in athletic training, provided the activities of such student [intern or trainee] are performed under the supervision of a

- 117 person licensed to practice athletic training and the student [intern or 118 trainee] is given the title of ["athletic trainer intern"] "athletic training 119 student", or similar [designation] title as designated by the Commission on Accreditation of Athletic Training Education or its 120 121 successor organization; (3) a person employed or volunteering as a 122 coach of amateur sports who provides first aid for athletic injuries to 123 athletes being coached by such person; (4) a person who furnishes 124 assistance in an emergency; or (5) a person who acts as an athletic 125 trainer in this state for less than thirty days per calendar year and who 126 is licensed as an athletic trainer by another state or is certified by the 127 Board of Certification, Inc., or its successor organization.
- Sec. 4. Section 20-65j of the general statutes is repealed and the following is substituted in lieu thereof (*Effective October 1, 2011*):
- 130 (a) Except as provided in [subsections (b) and (c)] subsection (b) of 131 this section, an applicant for a license to practice athletic training shall 132 have: (1) A baccalaureate degree from a regionally accredited 133 institution of higher education, or from an institution of higher 134 learning located outside of the United States that is legally chartered to 135 grant postsecondary degrees in the country in which such institution is 136 located; and (2) current certification as an athletic trainer by the Board 137 of Certification, Inc., or its successor organization.
 - (b) An applicant for licensure to practice athletic training by endorsement shall present evidence satisfactory to the commissioner (1) of licensure or certification as an athletic trainer, or as a person entitled to perform similar services under a different designation, in another state having requirements for practicing in such capacity that are substantially similar to or higher than the requirements in force in this state, and (2) that there is no disciplinary action or unresolved complaint pending against such applicant.
 - [(c) Prior to April 30, 2007, the commissioner shall grant a license as an athletic trainer to any applicant who presents evidence satisfactory to the commissioner of (1) the continuous providing of services as an

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athletic trainer since October 1, 1979, or (2) certification as an athletic trainer by the Board of Certification, Inc., or its successor organization.]

This act shall take effect as follows and shall amend the following		
sections:		
Section 1	October 1, 2011	20-65f
Sec. 2	October 1, 2011	20-65h
Sec. 3	October 1, 2011	20-65i
Sec. 4	October 1, 2011	20-65j

PH Joint Favorable Subst.